

Travel advice leaflet for patients

- If you are travelling abroad, it is important to carry out a Risk assessment with the nurse at least 8 weeks before your trip, as you may require a course of vaccinations, which may need to be given at weekly intervals.
- You will be asked to complete a Travel Questionnaire for each Member of the Family/Group who will be travelling with you.
- We offer a designated Travel Clinic once a month, on a Tuesday morning.
- If you are travelling abroad in less than 8 weeks we may not be able to offer you an appointment and you will be advised to attend a Private Travel Clinic. Various pharmacies now offer travel vaccinations.
- A list of vaccinations on your records can be printed for you to take to the private travel clinic – if needed.
- We do not offer Yellow fever at this practice, if you require this vaccination you will need to attend a designated yellow Fever centre. To find a Yellow fever Centre please assess www.nathnacyfzone.org.uk/search-centres This vaccine is not free on the NHS.
- If you think you may not need any Travel vaccinations, you can access the travel website www.fitfortravel.nhs.uk or www.nathnac.org/travel/index.htm to check the recommendations for the country you are visiting.
- If you cannot attend the clinic times offered or fail to turn up for your appointment, you will have to go to a Private Travel Clinic
- In the event of Mitigating Circumstances, eg: Family Bereavement, where you may have to travel abroad at short notice, we will try to accommodate you by offering a Telephone Consultation with the nurse, who will be able to offer advice.